

Horizon CareOnlineSM for NJM Employees

Convenient medical care – online, anytime Horizon Blue Cross Blue Shield of New Jersey makes it easier for you to stay in control of your health. Beginning January 1, 2017, you can use **Horizon CareOnline** to talk with a licensed, U.S. board-certified doctor via video, chat or phone 24 hours a day, seven days a week – no appointment is needed.



We are working with American Well, a leader in telemedicine, to bring you care that is:

- Affordable. Each visit cost only \$5.
- Convenient. No appointment is needed and ePrescriptions can be provided if you need one.¹
- Confidential. Private and secure; compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

With Horizon CareOnline, you can be treated for symptoms and conditions such as colds, flu, fever, rash, abdominal pain, sinusitis, ear infection and much more.

Scan this with your mobile device or search the App StoreSM or Google PlayTM for Amwell.



There are three ways to enroll:

- Visit **NJM.Amwell.com**.
- Call **1-855-818-DOCS (3627)**.
- Scan² the QR code below from your web-enabled mobile device.

Enter **Horizon Blue Cross Blue Shield of New Jersey** as your health plan and **NJM** as your Service Key.

Once you are enrolled, you can visit with a doctor on Horizon CareOnline when:

- Your doctor's office is closed.
- You feel too sick to drive.
- You are traveling and need medical care.

This valuable service is offered as a convenience and does not replace your relationship with your Primary Care Physician (PCP) or personal doctor.

It's free to sign-up – enroll on or after January 1 to get started.

¹Telemedicine is available in most states, except for a few that either don't allow it or don't allow doctors to write eprescriptions. To learn what applies in each state, visit <http://info.americanwell.com/where-can-i-see-a-doctor-online>.

²There is no charge to download the Amwell app, but rates from your wireless provider may apply. The App StoreSM is an online store and is a service mark of Apple, Inc. Google PlayTM is a trademark of Google, Inc. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross and Blue Shield Association. The Blue Cross[®] and Blue Shield[®] names and symbols are registered marks of the Blue Cross and Blue Shield Association. The Horizon[®] name and symbols are registered marks, and Horizon CareOnlineSM is a service mark, of Horizon Blue Cross Blue Shield of New Jersey. QR Code is a registered trademark of Denso Wave, Inc. American Well is an independent company that supports Horizon Blue Cross Blue Shield of New Jersey in the administration of telemedicine services.

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