

Carebridge Introduces Special COVID-19 Resource Section

Carebridge is contracted by NJM to provide a comprehensive Employee Assistance Program, which employees are free to use 24 hours a day, 365 days a year. Carebridge's site now includes a special COVID-19 resource section which provides employees with informative articles, special documents, and additional support materials. Here are just some of the topics you can learn about right now:

- Activities for Supporting At Home Children
- Information for Older Adults and Caregivers
- Support for Employees & Managers Working Remotely
- WHO Coronavirus: Myth Busters
- Pet Owners: What You Need To Know About COVID-19

Employees can visit the site by going to www.myliferesource.com. Then, enter your username and password to access all the available information.

If you do not yet have a username or password:

- Visit www.myliferesource.com
- Click 'Register'
- Enter 54W6E in the employer access code field
- Create and enter your desired username and password
- Answer the validation question

Once on the site, click the text in the red bar that says 'Coronavirus COVID-19 Pandemic Resources. You can also [go mobile with the Carebridge EAP App](#).

For questions, contact EmployeeLeaveStaff@njm.com.