



## Care you need when you need it – 24/7, no appointment needed

As a Horizon BCBS member, you have options for healthcare 24 hours a day, seven days a week. Every day, members use Horizon CareOnline<sup>SM</sup> for a wide variety of medical conditions and symptoms such as colds, flu, fever, rash, sinusitis, and abdominal pain. This is a convenient, confidential telemedicine service, which allows you to talk with a licensed, board-certified doctor via video, chat or phone – no appointment needed! Horizon CareOnline doctors can provide guidance on treatment, refer you to in-person care if needed, and even get a prescription when appropriate.

With the increased demands of healthcare providers during this busy time, Horizon CareOnline<sup>SM</sup> is perfect for when:

- Your doctor's office is closed
- You feel too sick to drive
- You are traveling and need medical care

### Not signed up for Horizon CareOnline<sup>SM</sup>? Here's how to enroll—it's free!

1. Visit [HorizonCareOnline.com](https://HorizonCareOnline.com), call 1-877-716-5657 or download the iOS or Android mobile app
2. Fill in your contact information and set up account
3. Answer 'yes' for health insurance, select Horizon Blue Cross Blue Shield of New Jersey, and enter the service key **NJM**

Don't wait until you're already sick to find care. If you feel sick, and do not need immediate in-person care, you may want to avoid hospitals and clinics to prevent the spread of germs. Signing up for Horizon CareOnline<sup>SM</sup> ahead of time will allow you to visit with a doctor in minutes from the comfort of your home minimizing the risk of exposure to yourself and others. Enroll now to have the care on hand when you need it. If you have any questions about enrolling in Horizon CareOnline<sup>SM</sup> please contact the Benefits Department at extension 3328.

Interested in learning more? View more information on [Horizon BCBS of New Jersey's website](https://www.horizonbcbs.com) to learn more about Horizon CareOnline<sup>SM</sup> and/or read the attached [Quick Start Guide](#).